

Special Olympics

The Sackville Bedford Special Olympic curlers participated in a tournament at Chester in December. Both participating teams won a bronze medal in their respective divisions.

From the 'A' Division: The team on Andrew Snow, Devin Barrett, Kelly Keefe and Mark Munro.

From the 'B' Division: The team of Shawn Morrison, Michael MacDonald, Justin Martell and Ian Readey.

Another curler, Colin Henderson, from the Sackville Bedford Special Olympics Region, curled with team Nova Scotia and won a silver medal in the 'B' division.

Congratulations to you all!

Molson Canadian Mixed Spiel

FEBRUARY 5th to 7th, 2010.

Join us for our 6th Annual Mixed Bonspiel

- ✓ 3 Games Minimum + Cash, Prizes, Food, & Fun
- ✓ Enjoy our Saturday Night 'Mini Games' Party!
- ✓ Happy Hour prices all weekend!!

Entry Fee is \$180.00 per Team inclusive; Maximum 24 teams. Entry Deadline is January 24, 2010

Christmas Bonspiel

Our Christmas Bonspiel was a tremendous success this year. A total of 48 participants filled out the draw for the three day event.

The winners of the 1-2 game were Mike Strang, skip; Albert Tanguay, Third; Anne Hache, Second, and Janice Kelly, Lead.

Congratulations!

Provincial Wheelchair Playoff

The 2010 Nova Scotia Provincial Wheelchair Curling playoff will be held at the Lakeshore Curling Club in Lower Sackville on January 16, 2010: 3pm & 7pm and January 17, 2010: 10am & 3pm and January 22, 2010: 6:30pm.

Team Brown and Team Fitzgerald will be competing to represent Nova Scotia at the 2010 TSX Canadian Wheelchair Curling Championship. The first team to win three of the five scheduled games will advance to the national championship in Kelowna, BC on March 15th-20th, 2010.

Everyone is invited to the Lakeshore Curling Club to enjoy the curling and to cheer on the Nova Scotia teams.

Calendar of Events

Jan 17 th :	Intermediate Curling Clinic
Jan 22 nd :	Home Builders 8 am – 5:30 pm
Jan 30 th -31 st :	Postal Spiel
Feb 5 th -7 th :	Molson Mixed Spiel
Feb 19 th -20 th :	N.S. Stick Championship

Intermediate Curler Clinic

Lakeshore Curling Club will be holding a Club Intermediate curler clinic Sunday January 17th, 2010 from 9am to 1pm.

This clinic is designed for the curler that has been curling for a number of years and needs some assistance in improving their delivery.

There is NO cost for this clinic. This clinic is for Club Members only. Please sign up at the bar.

Glen McClare will be the instructor and can really help your game and set you on the right path.



Ice Cube Program

Lakeshore Curling Club is proud to once again offer our Ice Cube program starting Jan 9. This program is designed to introduce curling to the 5-7 year olds.

Our program includes age appropriate games and beginner instruction using youth curling rocks.

Equipment Required

- ✓ Hockey helmets are mandatory for all little rock curlers
- ✓ Clean footwear dedicated for curling
- ✓ Brooms, sliders, grippers can be provided

Start Date: January 9, 2010 **Duration:** 6 weeks
Time: 10:00 am – 10:45 am **Cost:** \$30.00

Manager's Corner

I wish to express a big thank you to Judy Goodie, Karen Reath, Ann Marie Clark, Sharon Stevens, Janet Glennie and Dennis Grant for the great job they did cleaning the club today. Plus a great job by Malcome Jay on the windows.

I especially want to mention the great job done by Doug Gray yesterday. Doug cleaned all the support beams in the ice shed above the glass, great job Doug.

This work and cooperation makes a club more like a family. Great job everyone.

–Keith Bennett

Curling Etiquette

Start on time

Be on the ice when your draw is scheduled to begin. Remember, if you are late, there is a penalty for every 5 minutes you start. The opposition can hang an end on the board taking a point for each 5 minutes delay. There is a time limit for games.

Be ready

As soon as your opponent has delivered a rock, you should retrieve your own rock, get into the hack and clean your rock. You should be ready to throw as soon as your opponent's rock comes to rest. This practice can save a lot of time over an eight end game.

At the end of an end, the Lead of the team who just scored should not help put the rocks away, but quickly identify the first rock and get ready to deliver. Leave the 'racking' of the rocks up to the other team members.

Sweepers, pay attention to the Skip when they call a shot, so that you understand what is being called

Be Kind to the Icemaker

When you have finished your delivery, please do not sit or kneel, or keep your hand on the ice. This creates flat spots which rocks don't react well to, especially when it may be a crucial shot!

Hack guards (those wooden white things) are available to protect the hack when practicing. Please use them!

Bootcleaner...(what's that?) Yes, we have 2 of them. Please clean your shoes before stepping on the ice surface. They are the red machines with the handle on top. Pull the handle toward you to activate it.

Where to Stand

When you have finished delivering your rock and when you are not sweeping, you should stand at the side of the sheet between the hog lines.

Do not walk or stand in the centre of the ice during play, or cross the ice between a curler and his, or her skip.

Do not stand behind the house while your opponent is throwing a rock. Only mates and skips should be in the house or at the back of the house behind the tee line.

Sweeping

If you burn a rock (touch it while it is being swept) immediately call to your Skip, stop sweeping and let the rock finish its course and come to a rest. **Do not stop the rock.** The opposing skip has the option to remove the stone or leave it in play.

The opponent's rock cannot be swept until it has crossed the Tee line. (the line through the button) Only one person from each team can sweep behind the tee line at a time.

During a tie breaker draw to the button, there is no sweeping an opponent's rock behind the tee line.

Sportsmanship

It is customary to shake hands at the end of the game and compliment others (even your opponents) on great shots. Don't forget to buy that drink for the second best team, that way everybody wins something!

Mid-Season Equipment Check

Is it time to check your equipment? Dirt on the ice is usually caused by older, worn grippers and hair falling out of old brushes. Please take the time to check your equipment to see if it is 'shedding' bits and pieces and replace worn grippers and brushes where necessary.

Also remember to clean out the inside of your gripper. Dirt accumulates inside there as well! You never know, you may save one of your own rocks from picking up something!



Announcements

Watch for new sponsor signs this week, and please make every effort to support our sponsors and advertisers – don't forget if you use their services then mention you heard about them or saw their sign at Lakeshore.

Provincial Stick Championship – volunteers will be needed for the Provincial Stick Championship Feb 19-21 at the club. Please see Martin Duhme or Janet Glennie if you are interested.

Club Golf Shirts – we have club golf shirts for sale, \$32 great quality and price. See the bar for details and sizes.

Finally, the league reps are your voice for each league, if you have any issues, concerns or suggestions please give them to your rep and they will be happy to pass them to the Manager and/or the Board.

Newsletter is Online

The Lakeshore News is also available online. Go to the Lakeshore Website and look for the newsletter link found on the main page. Past editions of the newsletter are also available on the website.

I'd Rather Be 
Curling

Club Executive

Stewart Slauenwhite, President
Mike Strang, Vice President
Susan Nelligan, Treasurer
Sue Haley, Secretary
Les Macey, Past President
Janet Glennie, Volunteer Director
Martin Duhme, Events Director
Mark McCracken, Junior Director
Rhonda Duhme, Program Director

Staff

Brian Rafuse, Ice Technician
Keith Bennett, Club Manager
Roy Hepditch, Bar Coordinator

Marilyn van Eden, Club Historian

**No Scents is Good Scents
Please Respect Members and Visitors who are Sensitive to Scents**